



## How Do You Live Free?

Galatians 5:16-26

#14 in the series *No Other Gospel* on Galatians

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Theme: **You Must Walk By The Spirit To Live Free.**

### **The dynamic of living free.**

1. Reality: you have crucified the flesh.  
(24; cf. 2:20; 6:14; Romans 6:1-14)
2. Reality: you are not under the Law.  
(18; cf. Romans 7:4-6; 8:1-4, 14)
3. Reality: you can now live free as you walk by the Spirit.  
(16, 18, 25; cf. 2:20; 3:3; 4:6; 6:7-9; John 15:1-17; Romans 8:4-17, 37-39; 13:8-14; 2 Corinthians 3:17-18; Ephesians 4:20-24; 5:18; Colossians 3:1-4)

### **The environment of living free.**

1. There is a war waging within you.  
(17; cf. Romans 7:13-25; 8:5-8; 12:1-2; cp. Ephesians 6:1-20)
2. There always will be a war waging within you.  
(17; cf. Romans 7:15-25; 12:1-2; 2 Corinthians 5:21; Philippians 3:12; 1 Thessalonians 5:4-11; 1 Timothy 1:18-20)

### **The evidence of living free.**

1. Living in slavery to the flesh can be detected by the deeds of the flesh.  
(19-21; cf. Romans 8:2, 5-8, 13; 13:12-13; 1 Corinthians 6:9-11; Ephesians 4:25-31; 5:1-14; Colossians 3:5-9; Titus 3:3; 1 Peter 2:1; 4:3; Revelation 21:8; 22:15)
2. Living in the freedom of the Spirit can be detected by the fruit of the Spirit.  
(22-23, 26; cf. John 15:1-17; Ephesians 4:25, 29, 32; Philippians 4:8; Colossians 3:12; 1 Timothy 6:11; 2 Timothy 2:22; James 3:17-18; 1 Peter 3:8-9; 2 Peter 1:5-7)

## **In My Life This Week**

*(As you use this daily guide, write out your observations and responses on a separate piece of paper and save them with this sheet for reference.)*

**Monday.** One theme in Galatians is freedom. Christ has set us free from the demands of the Law, from misusing the Law and our efforts to try to please God. We were called for freedom, we are to live and stand firm in our freedom. But how do we live free? The dynamic of freedom is summarized in what Christ has done for us, our current standing with God and how we choose to live. Review the first two realities of the dynamic of living free and the Scripture references in the outline.

**Tuesday.** We must walk by the Spirit to live free. What does it mean to, how do we *walk by the Spirit*? Go over any notes you made about this on Sunday and the Bible references in the outline. Describe what it means to walk by the Spirit. Are you walking by the Spirit today?

**Wednesday.** Believers are God's redeemed people. Yet, as long as we re on earth, there is, there will be a war waging within us. Look over the Bible references in the outline about this. Victory is assured by and in Christ (e.g., Romans 7:25). What is in question is if you are aware of the battle and if you are engaging it. Are you?

**Thursday.** It is not difficult to see if we are living from the flesh or by the Spirit—the work of the flesh and fruit of the Spirit are clear and accurate evidence. Think through 5:19-26. What evidence do you see in your life today, this week, the last month?

**Friday–Saturday.** On Sunday we will move on to 6:1-5. Read through this section as part of your preparation for our time of worship together.

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